



Kesgrave High School

Our new school day

School Day

Registration	9.00 - 9.05am	5 minutes
Form/Enrichment time	9.05 - 9.30am	25 minutes
Period 1	9.30 - 11.00am	90 minutes
Break	11.00 - 11.20am	20 minutes
Period 2	11.20 - 12.55pm	95 minutes
Lunch	12.55 - 1.55pm	60 minutes
Registration	1.55 - 2.00pm	5 minutes
Period 3	2.00 - 3.35pm	95 minutes

PSHEE Day

Registration/PSHEE	9.00 - 10.00am	60 minutes
Period 1	10.00 - 11.20am	80 minutes
Break	11.20 - 11.40am	20 minutes
Period 2	11.40 - 12.55pm	75 minutes
Lunch	12.55 - 1.55pm	60 minutes
Registration	1.55 - 2.00pm	5 minutes
Period 3	2.00 - 3.35pm	95 minutes

Benefits in using a 3 period day combined with our unique Faculty structure:

- 95 minute lessons allow greater depth and learning in lessons.
- No teaching time is lost on moving around the school site.
- Students can use departmental breakout spaces for active learning.
- Subjects can be taught in a variety of teaching styles, group work and presentations that can be across teaching groups and on occasion's subjects.
- Visiting speakers and performers can frequently cover more than one teaching group.
- Day trips out require a lot less negotiation facilitating more trips into the community and further afield.
- The longer learning sessions mean that extension activities impact a great deal less on the rest of the school, for instance assessments.
- Arrival at the beginning of lessons is very punctual. Very few issues arise – e.g. pupils don't arrive half dressed from PE, late and wet or dirty.
- It has a very calming effect on the school day.
- There are only three movements a day and these never follow on from a lesson other than at the end of the PSE session.
- Less movement; the school feels this has reduced on general wear and tear; reducing maintenance budgets.
- Break out / flexible learning spaces are easily accessible.
- Pupils never have to carry books or equipment for more than one lesson.
- The open school policy - pupils are allowed in their form rooms at both morning break and at lunchtime.
- Learning resources: computer rooms, library, resource areas are available at lunchtime and after school.
- Learning support is delivered in classrooms and not in the support centre (extra-curricular support is organised before, during and after school.)
- The whole school is committed to and delivery of the PSHEE / Enrichment programme.