



“When I grow
up I want to be
a rock star”

Help young
carers achieve
their **dream jobs**

Almost half of young carers are
reporting stress, tiredness or
mental health problems because
of their caring role

Support


#YoungCarersAwarenessDay

26 January 2017

Carers.org/YCAD

Further information

matter.carers.org
babble.carers.org

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